

**2019 Conference Agenda**  
**Thursday, October 17, 2019**

**9:30 a.m. – 2:30 p.m.**

Parkwood Institute, St. Joseph's Health Care London  
 Main building auditorium – B2-109  
 550 Wellington Road, London, Ontario  
 (See below for parking information.)

**THEME: Promoting and Sustaining Psychological Wellness  
 in Health Care Clinicians, Learners, and Educators**

**Objectives of the day:**

- To engage SWAHN's contributors in knowledge sharing regarding the promotion and sustainability of clinician, learner, and educator psychological wellness.
- To provide an opportunity for SWAHN volunteers and stakeholders to network.
- To highlight SWAHN's new strategic plan, recent activities, and successes.

<b>9:30 a.m. – 9:45 a.m.</b>	<b>REGISTRATION / NETWORKING</b>
9:45 a.m. – 9:50 a.m.	<b>Greetings / Land Acknowledgement / Conference Overview</b>  <i>Dr. Ken Blanchette, Co-Chair, SWAHN Network Contributors' Roundtable; Associate Vice President, Academic, St. Clair College</i>
9:50 a.m. – 10:30 a.m. (Audience Q&A – 10 minutes)	<b>Key note – Stigma in the Mirror: Addressing Psychological Wellness through Implicit Bias Recognition and Management</b>  <i>Dr. Javeed Sukhera, Interim Chair &amp; Associate Professor, Division of Child &amp; Adolescent Psychiatry, Department of Psychiatry, Schulich School of Medicine &amp; Dentistry, Western University; Senior Designate Physician Lead, Child &amp; Adolescent Psychiatry, Children's Hospital, London Health Sciences Centre</i>  <i>Introduction and Q&amp;A Facilitator: Dr. Ken Blanchette</i>
10:30 a.m. – 11:05 a.m. (Audience Q&A – 10 minutes)	<b>National Standard for Psychological Health &amp; Safety in the Workplace</b>  <i>Mr. Andrew Harkness, Strategy Advisor, Workplace Safety &amp; Prevention Services</i>  <i>Introduction and Q&amp;A Facilitator: Dr. David Edwards, Hallman Director, School of Pharmacy, University of Waterloo</i>
11:05 a.m. – 11:30 a.m.	<b>St. Joseph's Health Care London presentation on the National Standard</b>  <i>Ms. Debra Miller, Psychological Health &amp; Safety Working Group, St. Joseph's Health Care London</i>  <i>Introduction: Dr. Gillian Kernaghan, Co-Chair, SWAHN Network Contributors' Roundtable; President &amp; CEO, St. Joseph's Health Care London</i>
11:30 a.m. – 12:10 p.m. (Audience Q&A – 15 minutes)	<b>First responder curriculum project</b>  <i>Mr. Neil Mackenzie, Manager; Ms. Alexis Erickson, Mental Health Specialist, Department of Chronic Disease and Injury Prevention, Windsor-Essex County Health Unit</i>  <i>Introduction and Q&amp;A Facilitator (for both projects): Dr. Ken Blanchette</i>
<b>12:10 p.m. – 12:40 p.m.</b>	<b>LUNCH / NETWORKING</b>

12:40 p.m. – 12:55 p.m.	<b>SWAHN updates</b> <ul style="list-style-type: none"> <li>• Strategic plan refresh</li> <li>• Stream activities</li> <li>• Other</li> </ul> <i>Mr. Andrew Williams, President &amp; CEO, Huron Perth Healthcare Alliance</i>
12:55 p.m. – 1:40 p.m. (Audience Q&A – 10 minutes)	<b>SWAHN region panel – Psychological Wellness in Health Care Learners</b>  <i>Facilitator, Dr. Gillian Kernaghan</i>  <b>Panelists:</b> <i>Dr. Donald Farquhar, Assistant Dean, Learner Equity &amp; Wellness, Schulich School of Medicine &amp; Dentistry, Western University</i>  <i>Ms. Nastaran Keshmiri, Student, School of Pharmacy, University of Waterloo</i>  <i>Ms. Rachel Lager, Graduate, Gerontology Interprofessional Practice Program, School of Community Studies, Fanshawe College; Current Student, Occupational Therapy, Faculty of Health Sciences, Western University</i>  <i>Mr. Zachary Weiss, Medical Student, Schulich School of Medicine &amp; Dentistry, Western University</i>
1:40 p.m. – 1:50 p.m.	<b>BREAK</b>
1:50 p.m. – 2:25 p.m. (Audience Q&A – 10 minutes)	<b>Faculty wellness</b> <i>Dr. Mithu Sen, Acting Vice Dean, Faculty Affairs, Schulich School of Medicine &amp; Dentistry, Western University</i>  <i>Introduction and Q&amp;A Facilitator: Dr. Davy Cheng, Acting Dean, Schulich School of Medicine &amp; Dentistry, Western University</i>
2:25 p.m. – 2:30 p.m.*	<b>CLOSING REMARKS – Please submit your completed evaluations!</b>  <i>Dr. Ken Blanchette</i>

**\*A meeting of the Network Contributors' Roundtable will commence at 2:45 p.m., following the conference.**

**PARKING INFORMATION:** A parking fee of **\$5** is required **upon entry** to the lots. Payment by credit card may not be an option so please be prepared to pay with **LOONS and/or TOONS** at the gate. (You need to push the “start” button on the machine before you enter your coins.)

Parking Lot #1 is the closest lot to Auditorium B2-109. Enter building C through the main doors. The auditorium is inside to the right. Please see the parking lot map provided.